

Contact us at
Tel 233-4646 · Fax 233-4648

Marianas Health Building
Ghiyeghi Street, San Jose

Marianas Home Care and Hospice - Suite 201

Pacific Wellness Center - Suite 103

Sagan Hinemlo' Family Clinic - Suite 104

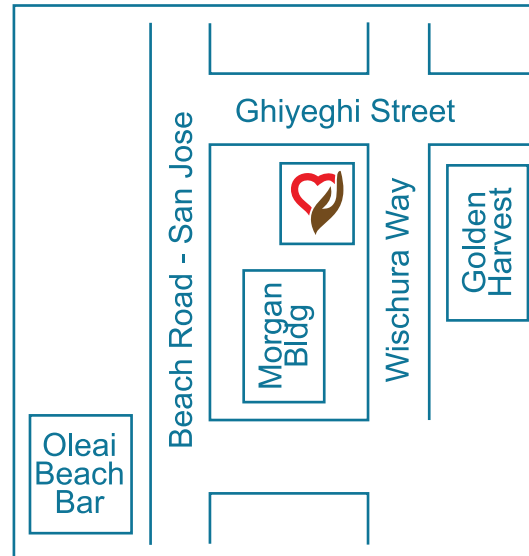
Allied Medical Supplies - Suite 203

P.O. Box 10003, PMB 1341
Saipan, MP 96950

Insurances Welcomed

Marianas Home Care works with and accepts the following insurance:

- Medicare (Part A & B)
- Moylan's Insurance
- Calvo's Insurance
- Staywell Insurance
- AETNA Global
- Blue Cross Blue Shield
- Self-Pay
- Other Commercial Insurance



Call Today to make
your appointment!

To make an appointment

call 233-4646

or email us at

info@marianashealth.com

to start your care today!

We are ready for you
to make a healthy
experience, and we
will be with you
each step of the way



Holistic Care For Your

*Mind,
Body
& Spirit*

CHRISTINE BROWN, MD
Family Practitioner

BERTHA CAMACHO, RN, NP
Nurse Practitioner





**“Now these three remain: Faith, Hope, and Love.
But the greatest of these is LOVE.” — 1 Corinthians 13:13**

What is Sagan Hinemlo’?

Sagan (a place) Hinemlo’ (to make or become healthy or whole) is the indigenous Chamorro Language for “A place to become healthy or whole.” At Sagan Hinemlo’ Family Clinic we believe in healing all three aspects of Body, Mind and Spirit. We have carried this local tradition into our mission which is “To provide high quality care to the community using a holistic approach in caring for the Body, Mind and Spirit that demonstrate in word and deed the love of Jesus Christ.” We hope that each experience at our clinic will inspire you towards living a healthier lifestyle – physically, mentally and spiritually.

Available Clinic Services

Well-Women Health Care:

- Spiritual Wellness
- Annual physical exams
- Menopause management
- Natural family planning counseling
- Cervical & Breast Cancer Screening
- Tobacco cessation counseling and referral
- Assessment and referral for physical therapy
- Screening, treatment & counseling for Sexually Transmitted Diseases (STDs)
- Screening & integrative care for diabetes, obesity & other chronic diseases
- Adolescent health care focusing on preventive counseling
- And more...

Comprehensive Prenatal & Post partum Care:

- Spiritual Wellness
- Breast feeding counseling
- Prenatal Care & Wellness Package
- Nutrition/dietary counseling
- Individual or group Prenatal care
- Integrative prenatal exercise programs & classes
- Postpartum follow-up at home
- Postpartum follow-up in clinic
- Physical exam with pap smear & breast exam
- STD screening & treatment
- Healthy life-style counseling
- And more...

Other services available for you...

- Respiratory Education by US Licensed and Certified
- Respiratory Therapist, to assist with asthma, emphysema, COPD, OSA and others.
- School & Sports Physical Exams to meet the requirements by the Public School System and sports organizations.
- Food Handlers Examination
- Men’s Wellness Checks
- Employee Health Clearance
- Employee Wellness Exams and More

Referrals to participating providers:

At Sagan Hinemlo’ we believe that working collaboratively with participating providers is a key factor in achieving holistic care for our clients. With referrals for Outpatient Rehabilitation, Wellness Programs, or for Home Care and Respite services, our participating providers all believe in the same concept: “Taking care of You!”

Sagan Hinemlo’ provides referrals, if qualified, to the following providers:

PACIFIC WELLNESS CENTER, LLC

- **Outpatient Rehabilitation Services**
(Physical Therapy, Respiratory Services, etc.)
- **Individual and Group Wellness Services**
(Prenatal Yoga, Diabetes Self Management Training, Pilates, Certified Massage Therapy, Reiki and more)

MARIANAS HOME CARE & HOSPICE, LLC

- **Home Care & Hospice Services**
(Skilled Nursing, Physical Therapy, Respiratory Therapy, Social Services and/or Home Health Aide)
- **Respite Services**
(Home maker services, grooming, bathing, safety evaluation & training, and More)

ALLIED MEDICAL SUPPLIES, LLC

- **Durable Medical Equipment**
(Hospital Beds, wheelchairs, walkers, canes, crutches, etc.)
- **Medical Supplies**
(Sterile or Non-Sterile gauze, medical tape, syringes, etc.)