

## Insurances Welcomed

Marianas Home Care works with and accepts the following insurance:

- Medicare (Part B)
- Medicaid
- Moylan's Insurance
- Calvo's Insurance
- Staywell Insurance
- AETNA Global
- Tri-Care
- Blue Cross / Blue Shield
- Workman's Compensation
- Self-Pay
- Tri-West
- Veterans Affairs
- Other Commercial Insurance



Other Services Available... As part of our quality care, PWC provides referrals to other providers:

### **MARIANAS HOME CARE & HOSPICE, LLC**

*(Skilled Nursing, Physical Therapy, Social Services, etc.)*

### **ALLIED MEDICAL SUPPLIES, LLC**

*(Affordable, quality medical equipment, supplies and more)*

## Medicare and Medicaid Licensed



Contact us at  
Tel.: 233-4646  
Fax: 233-4648

Marianas Health Building  
Ghiyeghi Street, San Jose, Saipan

**Pacific Wellness Center** - Suite 102

**Marianas Home Care & Hospice** - Suite 201

**Allied Medical Supplies** - Suite 104

P.O. Box 10003 PMB 1341  
Saipan, MP 96950

[www.marianashealth.com](http://www.marianashealth.com)

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# Pacific WELLNESS CENTER



- **Out-patient Physical Therapy and Rehabilitation Center**
- **Sports Specific and Back to Sports Strengthening Program**
- **Lymphedema Clinic**
- **U.S. Veterans Affairs Certified Rehabilitation clinic**
- **Medicare and Medicaid Licensed**

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## PWC's Goal:

The goal of PWC is to help shape a healthier community. This is accomplished by offering a variety of services to address the prevention, intervention, and treatment needs of each client. Here at PWC, we offer such services as Out-patient Physical Therapy and other programs.

- **Outpatient Physical Therapy** - At PWC, our U.S. Certified and trained PT's offer caring and effective solutions for conditions such as but not limited to:
  - Musculoskeletal
  - Geriatrics
  - Neuromuscular
  - Pre and Post Operative cases
  - Cardiovascular
  - Pain Management
  - Pulmonary
  - Etc.



**Medicare and Medicaid Licensed**

## PWC's Certified and Professional staff will work with each patient/client and their family members by:

- Developing and achievable Plan of care
- Establishing rehabilitative goals to achieve maximum stability and mobility
- To achieve highest functional Independence
- Establishing assessment and treatment strategies
- Relieving pain through various pain management techniques
- Learning and training techniques to increase rehabilitation potential

At PWC we will work with the individual needs of each client from care to billing and other services needed to ensure maximum and affordable healthcare.

## Veterans Affairs Certified Rehabilitation Clinic

The Department of Veterans Affairs (VA) provides a nationwide system of health care services and benefits programs for America's Veterans. Pacific Wellness Center (PWC), is a VA certified Rehab Clinic and an approved provider in Saipan that accepts VA members, as long as there's an approved Authorization to be seen by a Physical Therapist to:

- Restore, maintain and promote not only optimal physical function, but optimal wellness, fitness and quality of life as it relates to movement and health
- Prevent the onset, symptoms and progression of impairments, functional limitations and disabilities that may result from diseases, disorders, condition or injuries.

## Lymphedema Treatment

It can't usually be cured, but it could be controlled. The aim of treatment is to:

- Reduce swelling when possible
- Prevent problems, such as infection
- Help you to live as normally as possible

## Sports Development & Strengthening Program

PWC believes that by developing innovative and proven programs, we can address the issues of obesity, hypertension, Diabetes, Lymphedema and other chronic diseases; and by providing the support system to help those individuals who want to control, maintain, manage and prevent these health complications. With use of sport specific program, CNMI will become a healthier community.

The Benefits of the Sports and strengthening program consists of the following during different times of the day to try and accommodate your changing schedule and we even offer it in the convenience of your own home:

- Exercise and Conditioning
- Sport Specific Routines and Programs
- Muscle and Core Strengthening
- Group Wellness and Training
- One-on-One Session (In-clinic or Home Service)

*(Additional charges may apply)*



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