



Home Care, Your Choice

Ask yourself and your family the following questions:

- ◆ Do you want to limit your stay at the hospital?
- ◆ Do you need skilled nursing and/or physical therapy services upon discharge from the hospital or clinic?
- ◆ Would you like the convenience of having quality professional services provided in the comfort and privacy of your home?
- ◆ Do you want to get back to your normal activities as quickly as possible?
- ◆ Do you have family member and/or friends who are willing to help you recover?

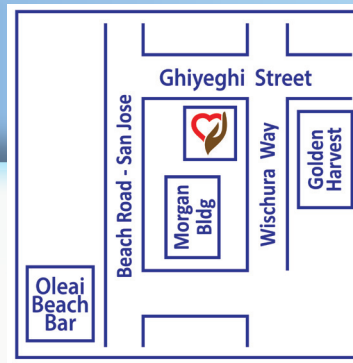
If you answered **“YES”** to any of the above, then Marianas Home Care may be an option and a right, available for you. Ask your doctor about Marianas Home Care today.

Marianas Home care will work closely with you and your family to find the best and most cost-effective way to receive continuous, professional medical care in your home.

Insurances Welcomed

Marianas Home Care works with and accepts the following insurance:

- Medicare (Part A & B)
- Medicaid
- Moylan's Insurance
- Calvo's Insurance
- Staywell Insurance
- AETNA Global
- Tri-Care
- Blue Cross / Blue Shield
- Workman's Compensation
- Self-Pay
- Other Commercial Insurance



Contact us at
Tel.: 233-4646
Fax: 233-4648

Marianas Health Building
Ghiyeghi Street, San Jose, Saipan

Pacific Wellness Center - Suite 102

Sagan Hinemlo Family Clinic - Suite 104

Marianas Home Care & Hospice - Suite 201

Allied Medical Supplies - Suite 104

P.O. Box 10003 PMB 1341
Saipan, MP 96950

www.marianashealth.com

 www.facebook.com/marianashealth/

Marianas Home Care
A Division of Marianas Health Services, Inc



Providing Quality Health Care
in your Home



www.marianashealth.com

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A Locally Owned Medicare
& Medicaid Certified Agency



Who We Are

Marianas Home Care, a team of dedicated medical and support professionals with a combined experience of over 50 years, has been providing quality home care services to hundreds of patients since 2000. Locally owned and operated, Marianas Home Care is certified by the US Department of Health and Human Services, Center for Medicare and Medicaid Services

Quality Services

Marianas Home Care, upon a referral from a physician, provides the following skilled nursing and/or physical therapy services in your home.

Skilled Nursing

Services performed by a Registered Nurse (RN) and/or a Licensed Practical Nurse (LPN) includes:

- Wound Care assessment, monitoring & management
- Pain assessment and management
- Medication management
- Diabetes management, including glucose monitoring
- I.V. therapy
- Long-term foley management
- Health and wellness teaching
- Other skilled nursing services

Social Services

- Needs assessment and case management
- Information referral to community resources
- Counseling services for the patient and/or caregiver
- Coordination of services provided by the care team and to achieve treatment goals

Physical Therapy

Services performed by a certified Physical Therapist includes:

- Home safety evaluation
- Gait training
- Safe transfer training
- Muscle and full body strengthening
- Assessment and training with assistive devices

Home Health Aide

In conjunction with skilled nursing or physical therapy services, HOME HEALTH AIDE services may be prescribed and includes:

- Assistance and training on patient self care
- Assistance and training of family caregivers on safe and proper bath and bed changing procedures and techniques
- Vital signs monitoring
- Muscle strengthening

Marianas Home Care will work continuously and closely with your physician to ensure that proper care is provided to you

Qualifying for Home Care

Home care services is for homebound patients who are:

- Sick, temporarily disabled, or disabled due to a medical condition
- Recovering and rehabilitation from surgery or injury
- Sick with a chronic or terminal illness
- Bedridden or unable to access outpatient health care services due to mobility, transportation, etc.
- Afflicted with other ailments

Steps to get service

1st Request from you physician that you be referred to MHS Home Care

Did you know you have a right to choose MHS Home Care as your provider?

2nd Call Marianas Home Care at 233-4646 or visit our office so we may work with you and your family to prepare for services

3rd Get information or your medical insurance, if any, including Medicare and/or Medicaid, and benefits under such plans. Contact Marianas Home Care to begin exploring the various insurance options that may be available to you.